

HOW TO SAFELY DISPOSE OF PRESCRIPTION MEDICATIONS AT HOME

April's National Drug Take Back Day has been postponed and people do not have easy access to drop box locations right now. However, there are safe ways to dispose of expired prescription medications at home! Follow these recommended steps:

1 Find your expired and unwanted/unneeded prescription medications. Remove from container and mix with coffee grounds, cat litter, or dirt.



2 Place the mixture in a closed plastic bag to prevent spilling.



3 Throw the bag away in the garbage.



4 Scratch out your personal information on the empty medicine bottle to protect privacy, then throw away.

