

BALTIMORE COUNTY PUBLIC SCHOOLS

DATE: July 11, 2006

TO: **BOARD OF EDUCATION**

FROM: Dr. Joe A. Hairston, Superintendent

SUBJECT: **POLICY 5470 – WELLNESS**

ORIGINATOR: J. Robert Haines, Deputy Superintendent, Business Services

RESOURCE PERSON(S): Don Dent, Executive Director of Planning and Support Operations

RECOMMENDATION

That the Board of Education review and approve Policy 5470. This is the third reading of this policy.

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- Attachment I Policy Analysis 5470
- Attachment II Policy 5470

BOARD OF EDUCATION OF BALTIMORE COUNTY
Policy Analysis for Proposed New Policy and Rule 5470
Wellness Policy

Statement of Issues Addressed by the Proposed Policy

Baltimore County Public Schools has supported comprehensive school health programs which incorporate the following components: school health services, safe and healthy environment, health education, coordinated student support services, staff wellness, physical education, school food services, and community involvement. Recent federal regulations mandate that each school system in the country develop a wellness policy which emphasizes nutrition and physical education. Additionally, the state superintendent has requested that each school system's wellness policy incorporate all eight components of a comprehensive school health program.

The Baltimore County School system requires a board policy which complies with federal regulations and supports the recommendation from the state superintendent.

Cost Analysis and Fiscal Impact on School System

There is no new fiscal impact on the system as a result of the proposed policy and rule.

Relationship to Other Board of Education Policies

Related Policies are: 5410P-Guidance Services, 5420P and 5420R-Health Services, 5421P-Life Threatening Medical Emergencies, 5430P-Psychological Services, 6164.8P and 6164.8R –Health Instruction, 3310P and 3310R-Food Services.

Legal Requirement

Annotated Code of Maryland, § 7-401 (a), School Health Program
COMAR 13a.04.13
COMAR 13a.04.18
COMAR 13a.06.01
COMAR 15a.05.05.05--.15
42 U.S.C. §1758 (f)(1), § 1766(a)
42 U.S.C. § 1779 ET SEQ.
U.S. CONGRESS PUBLIC LAW §108-265

Similar policies adopted by Other School Systems

Wellness policies from Carroll and Caroline Counties were reviewed.

Draft of Proposed Policy and Rule (see attached)

Other Alternative Considered by Staff

There were no other alternatives due to the federal mandate.

STUDENTS: ELEMENTARY AND SECONDARY

WELLNESS

THE BOARD OF EDUCATION OF BALTIMORE COUNTY SUPPORTS STUDENT AND STAFF WELLNESS IN ORDER TO PROMOTE STUDENTS' HEALTH, WELL-BEING AND ABILITY TO LEARN.

PROGRAMS PROMOTING STUDENT WELLNESS ARE ENCOURAGED THROUGH COORDINATED SCHOOL HEALTH INITIATIVES INVOLVING THE EIGHT COMPONENTS OF COORDINATED SCHOOL HEALTH: SCHOOL HEALTH SERVICES; HEALTHY SCHOOL ENVIRONMENT; HEALTH EDUCATION; COORDINATED STUDENT SUPPORT SERVICES; EMPLOYEE WELLNESS; PHYSICAL EDUCATION; FOOD AND NUTRITION SERVICES; AND COMMUNITY COLLABORATION.

THE BOARD OF EDUCATION DIRECTS THE SUPERINTENDENT TO DEVELOP RULES TO IMPLEMENT THIS POLICY.

LEGAL REFERENCES: 42 U.S.C. § 1751 note
42 U.S. C. § 1771 et seq.

ANNOTATED CODE OF MARYLAND
§7-401(a), SCHOOL HEALTH PROGRAM
Code of Maryland Regulations 13A.04.13
Code of Maryland Regulations 13A.04.18
Code of Maryland Regulations 13A.06.01
Code of Maryland Regulations 13A.05.05.05 - 15

RELATED POLICIES: 3310 Food Services
5410 Guidance Services
5420, Health Services
5421 Life Threatening Medical Emergencies
5430, Psychological Services
6164.8 Health Instruction

POLICY
ADOPTED:

BOARD OF EDUCATION OF BALTIMORE COUNTY