

NON-INSTRUCTIONAL SERVICES: Food Services

FOOD AND NUTRITION SERVICES [Scope]

I. PURPOSE

THE OFFICE OF FOOD AND NUTRITION SERVICES IS RESPONSIBLE FOR MANAGING THE FEDERALLY REIMBURSED BREAKFAST AND LUNCH PROGRAM, PREPARING A LA CARTE FOOD ITEMS, AND FOR THE SALE OF FOOD AND BEVERAGE ITEMS OFFERED IN THE SCHOOL CAFETERIA. THIS RULE SHALL SET FORTH GUIDELINES FOR THE DEVELOPMENT AND IMPLEMENTATION OF THE STUDENT FOOD SERVICES PROGRAM IN BALTIMORE COUNTY PUBLIC SCHOOLS (BCPS).

II. GUIDELINES

- A. THESE GUIDELINES APPLY TO ALL FOODS AND BEVERAGES MADE AVAILABLE TO STUDENTS THROUGH THE SCHOOL FOOD SERVICE PROGRAM.
- B. [1.] Meals to be served by the Office of Food and Nutrition Services (HEREINAFTER “OFNS”) and funded by the child nutrition programs shall comply with the most recent dietary guidelines for Americans as published by the United States[d] Department of Agriculture (USDA).
- C. [2.] A nutrient analysis of meals served shall be completed annually.
- D. [3.] Meals shall be prepared and served following proper sanitation and health standards in conformance with state and local laws and regulations.
- E. THE OFNS WILL PROVIDE GUIDANCE TO SCHOOL ADMINISTRATORS AND ORGANIZATION REPRESENTATIVES AS NECESSARY.

III. Nutrition Content [of Meals and Beverages]

- A. [1.] THE SALE OF FOODS AND BEVERAGES [Foods defined as those] of minimal nutritional value IS [by the Secretary of the USDA are] prohibited from 12:01 a.m. until the end of the INSTRUCTIONAL [standard school] day.
- B. [2.] Foods sold as an alternate to the reimbursable meal shall be offered in reasonable portion sizes that are consistent with guidance provided by the USDA for child nutrition programs.
- C. [3.] Packaged snacks shall be offered as single[-]servings and shall contain:

1. [A.] No more than 9 [nine (9)] grams OF total fat.
2. [B.] No more than 2 [two (2)] grams OF saturated fat.
3. [C.] No more than 15 [fifteen (15)] grams OF sugar, excluding dried fruit with no added sugar.

IV. [The Sale of] Beverages [Shall Be Limited To]

A. THE SALE OF BEVERAGES THROUGH THE SCHOOL FOOD SERVICE PROGRAM SHALL BE LIMITED TO:

1. [A.] BOTTLED water;
 2. [B.] Non-carbonated flavored water with fewer than 20 [twenty (20)] calories per serving;
 3. [C.] Unflavored milk;
 4. [D.] Flavored milk containing no more than 30 [thirty (30)] grams of total sugar per [eight (8)] 8-ounce serving; AND
 5. [E.] Fifty [(50%)] percent fruit juice providing 100 [one hundred (100%)] percent vitamin C, not to exceed 12 [twelve (12)] ounces. [and]
- [G. Isotonic beverages, not to exceed twelve (12) ounces.]

V. Accommodations and Scheduling

- A. Substitutions to reimbursable meals shall be made for students considered to have a disability OR FOOD ALLERGY whereby the diet is restricted. Substitutions shall be made only when supported by a statement from a licensed physician which includes recommended alternatives.
- B. The principal shall be responsible for establishing specific meal schedules for breakfast and lunch, as long as lunch meals are served between 10 [:00] a.m. until 2[:00] p.m.

VI. Use of OFFICE OF FOOD AND NUTRITION SERVICES KITCHEN Facilities by Outside Groups

- A. THE HEALTH DEPARTMENT LICENSE ISSUED TO THE OFNS IS NOT TRANSFERABLE TO OUTSIDE CATERERS OR GROUPS APPLYING FOR USE OF OFNS FACILITIES. SUCH OUTSIDE GROUPS AND CATERERS ARE INVITED TO APPLY FOR USE OF THE OFNS FACILITIES AND FOOD PREPARATION AREAS IN ACCORDANCE WITH BOARD OF EDUCATION POLICY AND SUPERINTENDENT'S RULE 1300, *USE OF SCHOOL FACILITIES*. [1. The principal shall be responsible for approving requests to use any part of

the food service facility by outside individuals or groups in accordance with the *Use of Facilities Manual*, Department of Physical Facilities.]

- B. [2.] The cafeteria manager shall be responsible for ensuring that the appropriate license(s) is held by any outside CATERER [agency] or group which has been approved to hold a function serving food and that an OFNS [Office of Food and Nutrition Services'] employee is present during the event. FEES WILL BE ASSESSED IN ACCORDANCE WITH BOARD OF EDUCATION POLICY AND SUPERINTENDENT'S RULE 1300. [The outside agency or group coordinating the event shall be responsible for the cost of this service.

Also see Management and Operations Memorandum MSDE-FNSS Number 012 (3/05), Maryland State Department of Education.]

Legal ReferenceS: 42 U.S.C. §§1751, *ET SEQ., NATIONAL SCHOOL LUNCH ACT, AS AMENDED*
 42 U.S.C. §1758(b), *RICHARD B. RUSSELL NATIONAL SCHOOL LUNCH ACT, AS AMENDED*
 42 U.S.C. §§1771, *ET SEQ., CHILD NUTRITION ACT, AS AMENDED*
ANNOTATED CODE OF MARYLAND, EDUCATION ARTICLE §§7-601 TO -605, SUBSIDIZED AND FREE FEEDING PROGRAMS
ANNOTATED CODE OF MARYLAND, EDUCATION ARTICLE §§7-701 TO -704, BREAKFAST PROGRAM
 COMAR 13A.06.01, *PROGRAMS FOR FOOD AND NUTRITION*

[§7 Code of Federal Regulations 210.10, 210.11, 220.8, 220.12]

Related Policies: Board of Education Policy 1300, [*Community Relations:*] *Use of School Facilities*
 BOARD OF EDUCATION POLICY 3330, *FOOD SERVICE FINANCE*
 BOARD OF EDUCATION POLICY 5470, *WELLNESS*

RELATED RULE: Superintendent'S Rule 1300, [*Community Relations:*] *Use of School Facilities*

Rule Superintendent of Schools

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