

BALTIMORE COUNTY PUBLIC SCHOOLS

DATE: February 21, 2012

TO: **BOARD OF EDUCATION**

FROM: Dr. Joe A. Hairston, Superintendent

SUBJECT: **REPORT ON THE PROPOSED CHANGES TO BOARD OF EDUCATION POLICY 5470, WELLNESS**

ORIGINATOR: Renee A. Foose, Deputy Superintendent

RESOURCE PERSON(S): Dale Rauenzahn, Executive Director, Student Support Services

RECOMMENDATION

That the Board of Education reviews the proposed changes to Policy 5470 – *Wellness*. This is the first reading.

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Attachment I – Policy Analysis
Attachment II – Policy 5470

**POLICY ANALYSIS FOR
BOARD OF EDUCATION POLICY 5470
WELLNESS**

Statement of Issues or Questions Addressed

In accordance with Board of Education Policy and Superintendent’s Rule 8130, Policy 5470 is scheduled for review on school year 2011-2012. The *Richard B. Russell National School Lunch Act* (NSLA), codified at 42 U.S.C. §1758b, mandates that local education agencies participating in the National School Lunch Program and/or School Breakfast Program (which would include the Board of Education of Baltimore County) establish a local school wellness policy. The *Healthy, Hunger-Free Kids Act of 2010* added Section 9A to the NSLA which incorporates new requirements for the implementation, dissemination, and assessment of this policy. The requirements outlined in the Act are incorporated in the policy revisions, including: (1) involvement of the community by designating the Baltimore County School Health Council in the development of the policy and its implementing procedures; (2) notice to the public about the content and implementation of the policy; and (3) a mandate that staff monitor compliance with the policy. The Policy has further been edited to include a philosophy statement and to comply with the Policy Review Committee’s editing conventions.

Cost Analysis and Fiscal Impact on School System

No fiscal impact is anticipated by the revision of this policy.

Relationship to Other Board of Education Policies

1. Board of Education Policy 3310, *Food and Nutrition Services*
2. Board of Education Policy 5410, *School Counseling Services*
3. Board of Education Policy 5420, *Health Services*
4. Board of Education Policy 5430, *Psychological Services*
5. Board of Education Policy 6100, *Curriculum*

Legal Requirements

1. 42 U.S.C. §§1751, *et seq.*, *National School Lunch Act, as amended*
2. 42 U.S.C. §1758(B), *Richard B. Russell National School Lunch Act, as amended*
3. 42 U.S.C. §§1771, *et seq.*, *Child Nutrition Act*
4. 42 U.S.C. §1779, *et seq.*, *Child Nutrition and WIC Reauthorization Act of 2004*
5. *Annotated Code of Maryland*, Education Article §7-401, *School Health Program*
6. *Annotated Code of Maryland*, Education Article §7-409, *Physical Education Program*
7. COMAR 13A.04.13, *Program in Physical Education*
8. COMAR 13A.04.18, *Program in Comprehensive Health Education*
9. COMAR 13A.05.05, *Programs of Pupil Services*
10. COMAR 13A.06.01, *Programs for Food and Nutrition*

Similar Policies Adopted by Other Local School Systems

1. Anne Arundel County Board of Education, Policy 104, *Wellness*
2. Carroll County Board of Education, Policy EFE: *Comprehensive School Health Program*
3. Harford County Board of Education, Policy 20-0037-000, *School Wellness*

4. Howard County Board of Education, Policy 9090, *Wellness Through Nutrition and Physical Activity*
5. Montgomery County Board of Education, Policy JPG, *Wellness: Physical and Nutritional Health*

Draft of Proposed Policy

Attached

Other Alternatives Considered by Staff

No other alternatives were considered.

Timeline

First reading – February 21, 2012

Public comment – March 6, 2012

Third reading/vote – April 17, 2012

STUDENTS: Services to Students

Wellness

I. PHILOSOPHY

- A. The Board of Education of Baltimore County (BOARD) IS COMMITTED TO PROVIDING A SCHOOL ENVIRONMENT THAT [supports student and staff wellness in order to] promoteS students' health, well-being, and ability to learn BY SUPPORTING HEALTHY EATING AND PHYSICAL ACTIVITY. THE BOARD RECOGNIZES THAT STUDENTS NEED ACCESS TO HEALTHFUL FOODS AND PHYSICAL ACTIVITY, HEALTH AND COUNSELING SERVICES, WITH THE SUPPORT OF THE FAMILY AND COMMUNITY IN ORDER TO GROW, LEARN, AND THRIVE. THE BOARD RECOGNIZES THAT GOOD HEALTH REDUCES ABSENTEEISM, IMPROVES TEST SCORES, AND ENHANCES STUDENT ACHIEVEMENT.
- B. THE BOARD BELIEVES SCHOOLS HAVE A RESPONSIBILITY TO HELP STUDENTS DEVELOP SKILLS, KNOWLEDGE, AND ATTITUDES NECESSARY TO ADOPT AND MAINTAIN A HEALTHY LIFESTYLE AND ENCOURAGES EMPLOYEES TO SERVE AS ROLE MODELS FOR STUDENTS BY MAINTAINING HEALTHY LIFESTYLES. IN ORDER TO ACHIEVE THIS GOAL, THE BOARD SUPPORTS programs promoting student AND STAFF wellness [are encouraged] through coordinated school health initiatives involving the eight components of coordinated school health:
1. School health services
 2. Healthy school environment
 3. Health education
 4. Coordinated student support services
 5. Employee wellness
 6. Physical education AND PHYSICAL ACTIVITY
 7. Food and nutrition serviceS
 8. Community collaboration

II. DEFINITION

- A. CONSISTENT WITH THE *HEALTHY, HUNGER-FREE KIDS ACT OF 2010*, BOARD OF EDUCATION POLICY 5470, ALONG WITH ITS IMPLEMENTING SUPERINTENDENT'S RULE, SHALL CONSTITUTE THE SCHOOL SYSTEM'S *LOCAL WELLNESS POLICY*.

III. IMPLEMENTATION

- A. The [Board of Education directs the] Superintendent SHALL [to develop rules to] implement this LOCAL WELLNESS Policy BY ESTABLISHING PROCEDURES THAT RECOGNIZE THE IMPORTANCE OF IMPLEMENTING HEALTH AND WELLNESS ACTIVITIES.
- B. THE SUPERINTENDENT SHALL SEEK THE ADVICE OF THE BALTIMORE COUNTY SCHOOL HEALTH COUNCIL REGARDING SCHOOL HEALTH, NUTRITION, AND WELLNESS MATTERS IN CONNECTION WITH THE DEVELOPMENT OF, OR REVISION OF, THIS POLICY AND ITS IMPLEMENTING PROCEDURES.
- C. THE SUPERINTENDENT SHALL DESIGNATE A MEMBER OF THE ADMINISTRATIVE STAFF TO MONITOR COMPLIANCE WITH THIS WELLNESS POLICY AND ITS RELATED RULE. SUCH DESIGNEE SHALL REPORT TO THE SUPERINTENDENT REGARDING THE SCHOOL SYSTEM'S COMPLIANCE WITH THIS POLICY AND RELATED PROCEDURES.
- D. THE SUPERINTENDENT SHALL INFORM AND UPDATE THE PUBLIC ABOUT THE CONTENT AND IMPLEMENTATION OF THIS POLICY.

Legal References: 42 U.S.C. §§1751, *et seq.*, NATIONAL SCHOOL LUNCH ACT, AS AMENDED [note]
42 U.S.C. §1758(b), RICHARD B. RUSSELL NATIONAL SCHOOL LUNCH ACT, AS AMENDED
42 U.S.C. §§1771, *et seq.*, CHILD NUTRITION ACT
42 U.S.C. §1779, *ET SEQ.*, CHILD NUTRITION AND WIC REAUTHORIZATION ACT OF 2004
Annotated Code of Maryland, Education Article §7-401[(a)], SCHOOL HEALTH PROGRAM
Annotated Code of Maryland, Education Article §7-409, PHYSICAL EDUCATION PROGRAM
COMAR 13A.04.13, PROGRAM IN PHYSICAL EDUCATION
COMAR 13A.04.18, PROGRAM IN COMPREHENSIVE HEALTH EDUCATION
COMAR 13A.05.05[.05-15], PROGRAMS OF PUPIL SERVICES
COMAR 13A.06.01, PROGRAMS FOR FOOD AND NUTRITION

POLICY 5470

Related Policies: Board of Education Policy 3310, *FOOD AND NUTRITION SERVICES* [Food Services: *Purpose*]
Board of Education Policy 5410, *School Counseling Services*
Board of Education Policy 5420, *Health Services*
[Board of Education Policy 5421, *Life-Threatening Medical Emergencies*]
Board of Education Policy 5430, *Psychological Services*
BOARD OF EDUCATION POLICY 6100, *CURRICULUM*

Policy
Adopted: 07/11/06
REVISED: _____

Board of Education of Baltimore County