



MEDIA ADVISORY

Department of Communications and Community Outreach
6901 Charles Street Towson, MD 21204
443.809.5908 (English) 443.809.7801 (Español) www.bcps.org

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CONTACT: Dept. of Communications/Community Outreach, 443.809.5908
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BCPS Food and Nutrition Services supervisor to compete on Bravo's "Top Chef Amateurs" this Thursday

What: Bettina Applewhite, senior operations supervisor in the Baltimore County Public Schools Office of Food and Nutrition, will compete on the "Top Chef Amateurs" episode airing this Thursday. Produced by Magical Elves, "Top Chef Amateurs" gives talented home cooks the opportunity to test their skills in the "Top Chef" kitchen. The amateurs are paired with different "Top Chef" finalists, frontrunners, and fan-favorites. In each 30-minute episode, two amateur chefs compete head-to-head in some of the most iconic challenges from the "Top Chef" archives. The winner of each episode receives \$5,000 furnished by sponsor Wells Fargo.

When: Thursday, Aug. 12, at 9 p.m.

Where: Bravo TV

Background: Applewhite is a Registered Dietitian-Nutritionist, School Nutrition Specialist, and [food blogger](#). She earned a bachelor's degree in chemistry from Hampton University and a master's degree in integrative bioscience with a concentration in nutrition from The Pennsylvania State University. She completed her dietetic internship at Tulane University.

Applewhite joined the BCPS Office of Food and Nutrition Services in 2014 as a field representative and was promoted to her current position in 2015. Prior to working for BCPS, she worked in private industry.

(Editor's note: A photo of Applewhite accompanies this release. Please credit: David Moir/Bravo)

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